

Leicestershire Orienteering Club



Orienteering in Leicestershire, Rutland and Northamptonshire



Sunday 18th March 2018

Level A Midland Championships at Belvoir Castle

Travel: Belvoir Castle, Grantham, Leicestershire.

For competitor safety you are requested to follow these travel directions. Please do not come to Belvoir by any other route.

The event will be sign-posted from the A607 Melton - Grantham Road at Denton. Grid Reference SK869 321, Post Code NG32 1JZ. Please follow the brown tourist signs for Belvoir *from this point, through Denton and Woolsthorpe*. (There are many other routes to Belvoir. Please ignore all of them.) For competitor safety, please do not approach from *any* other direction. Enjoy the wonderful views of Belvoir Castle and the event area on your approach! Approximately 400m after the Wedding venue entrance, the main car park for the Castle is on the left, and the overflow car park is on the right, see arena map. Please slow down and follow the marshals' instructions. If you have a 4x4 vehicle, we would be grateful if you could indicate right so that the marshals can direct you to the overflow car parking field. If you leave before 14:00 please retrace your steps to Denton.

Car Parking: Opens at 08.30. Cars will be parked on the Castle car park and the overflow car park on a field opposite the main car park. Please take care parking, as the edge of the car park serves as the Arena for the event. There are steps and a road crossing from the overflow car park to the arena. Please take care and follow the marshals' instructions.

Coaches, Minibuses and Motorhomes. There is very limited parking for large vehicles. Please park on the Castle car park as directed by the marshals. The overflow car park is unlikely to be suitable for larger motorhomes so please arrive early.

Arena: Located on the Eastern side of the Castle car park. Please keep an eye on young children as there is likely to be moving traffic close by. There is a spectator area next to the Finish run in. If you wish to erect a small club tent, please leave room for people to spectate in front of the tent.

There will be a maze in the Junior activity area. It may not be manned at all times. You may record your results on the record sheet. There will be dibbers to borrow. Please replace them in the box after use. Please supervise your children at all times.

Times: Registration/Enquiries/SI hire collection/EOD/key drop in marquee will open from 09:00.

(Please bring your keys in an envelope with your name and start time on, and place the envelope in the appropriate box in the Marquee.)

Start times from 10:30 to 13:00

Courses Close at 15:00

Entries: Pre Entry on Fabian4 (www.fabian4.co.uk) *required* for all age-class courses until midnight on Saturday 3rd March 2018. Colour coded White, Yellow, Orange, Light Green, Green and Blue, pre-entry preferred - discounted fee.

Subject to Map av	SI hire £1.00	
in the marquee)	Green and Blue	Senior £13, Junior £5
Entry on the day)	White, Yellow, Orange, Light Green	Senior £10, Junior £5

If you have entered for an Age Class course, there will be no facility to change this to another Age Class course on the day as map numbers will have been printed to the entry list. Moving to a colour coded course may be permissible subject to there being available maps and start times, but there will be no refund on entry fees.

Allocation of Start Times: Start times will be pre-allocated and qualifying competitors will be seeded. Start times will be published on the LEI website www.leioc.org.uk as soon as possible after the closing date (3rd March). Start times for competitors will only be changed after publication in exceptional circumstances. Please apply to the Organiser by midnight on Saturday 10th March. Changes to start times are dependent on the availablity of Start slots. Changes will not be considered after this date. It will not be possible to change your start time on the day.

Race Numbers: Bibs will be used for both days of the competition. Bibs should be collected from a line adjacent to the marquee. They will be in alphabetical order of surname. Those people who entered the Irchester Middle Distance event will use the same bib. Any bib not collected on the Saturday will be available at Enquiries in the marquee.

Trophy Return: Please return trophies, clean and polished, to Enquiries in the marquee.

Facilities: Toilets are available in three places. There are the Castle visitors' toilets (9) at the North Eastern end of the Arena, Portaloos (3) at the South Western end of the Arena on the way to Start S1, and Portaloos (3) by Start S2. Under no circumstances may any competitor relieve themselves in the Castle grounds. Please use the facilities provided.

Traders: CompassPoint, Ultrasport, Podium and O Nosh will be attending this event. Please support them. Take care of moving traffic around any of the facilities and traders.

Dogs: Dogs on leads only please. They are not allowed in the competition area. Please clean up after them.

Electronic Punching: SI electronic punching will be used. SIAC is not enabled at this event. You must inform enquiries before you run, if you wish to run on a new / different SI card to the one you entered with. Hired SI Cards will be available at enquiries.

A demonstration control will be available next to the Marquee.

Whistles: For your own safety it is recommended that a whistle be carried. Alarm call is 6 short blasts every minute. In case of inclement weather hooded waterproof jackets may be required. Notices will be posted at registration and on the way to the starts.

Starts: There will be *two starts*; the routes to both are easy going underfoot.

Start S1, for Courses 1 - 8, is 1.5km from the arena, across a road, down some steps, then down by the edge of the overflow car park. Take care and allow sufficient time.

Start S2, for Courses 9 - 18, is 1km from the arena. The route to Start S2 involves some use of the Estate road network. Please walk on the verge on the right hand side of the road and be aware that there may be traffic approaching from behind you. Although traffic is likely to be slight and slow moving, please do not cause annoyance by filling the road.

There is no clothing transfer. You may leave clothing in a bag, named and with your start time on it, near either of the Starts. It will not be covered and clothing will **not** be transported to the Finish. Please do not forget to go and collect clothing if you leave it at the Start. Any uncollected clothing will be donated to charity at the end of the month.

Course No	Classes	Course length	Controls	Start	Scale
1	M21E	13.2km + 420m	26	S1	1:15,000
2	M20E, M18E, M35L, M40L,M21L, W21E, AMO	10.5km + 290m	19	S1	1:15,000
3	M45L, M50L	8.6km + 280m	18	S1	1:10,000
4	M55L, M18L, M20L, W21L, M21S	8.0km + 260m	15	S1	1:10,000
5	M60L, M16A	7.1km + 210m	13	S1	1:10,000
6	W20E, W18E, W35L, W40L, M35S, M40S, AWO, AMS	6.9km + 220m	13	S1	1:15,000
7	M65L, M45S, W45L, W50L	6.0km + 200m	15	S1	1:10,000
8	M70L, M50S, M55S, M20S, M18S, W55L, W21S, W20L, W18L, W16A, Blue	5.6km + 195m	13	S1	1:10,000
9	M75L, M60S, W60L, W35S	5.2km + 160m	12	S2	1:10,000
10	M65S, W65L, W70L, W40S, W45S, W50S, Green, AWS	4.8km + 115m	11	S2	1:10,000
11	M80, M70S, W75, W20S, W18S, W55S, W60S	3.7km + 120m	9	S2	1:10,000
12	M85, M90, M75S, W80, W65S, W70S	3.1km + 105m	9	S2	1:10,000
13	W85, W90	2.3km + 60m	10	S2	1:10,000
14	M14A, M16B, AMN	5.2km + 190m	11	S2	1:10,000
15	W14A, W16B <mark>, Light Green</mark> , AWN	4.1km + 120m	10	S2	1:10,000
16	M12A, M14B,W12A, W14B, Orange	2.7km + 75m	10	S2	1:10,000
17	M10A, M12B, W10A,W12B, Yellow	2.7km + 75m	13	S2	1:10,000
18	M10B, W10B, White	1.7 km + 50m	12	S2	1:10,000

Course Details: Subject to final controlling:

Call up: Call up will be at -4 minutes.

Control descriptions: Control descriptions will be printed on the map. Loose descriptions will be available in the start lanes at -3mins for all courses, including EOD colour coded courses.

It is a timed start; you do not need to punch at the start line. (The only exceptions to this are second split starters and some helpers who may have to wait for a start time and will be given a punching start.)

Please do not be late for your start time. If you miss the call up time, please report to the late Start Official who will start you on the nearest available start time, at thirty seconds if necessary. If you are a seeded competitor, you may have to wait longer. Your actual start time will be recorded to verify the time you start, but your pre-entered start time will not be changed. If you think you have grounds for Complaint, ie the Organisation of the event has made you late (Rule 27.6/27.9), please ask at Download. The Start Officials cannot change your start time.

Terrain: A typical Midlands forest escarpment, contrasting with the managed Duchess Gardens.

Map: By Don Moir updated in 2017 and 2018 to ISOM 2017. Maps will be digitally printed (with permission from E & CC) by Hassall and Lucking Ltd with scale as shown in the table above - with 5 metre contours for all courses and on waterproof paper.

Special Map Symbols:

X	Root stock or large tree root	X	Log pile

- x Hide \triangle Platform
- OMonument or sculpture \odot Commemorative stone

Road crossing during the competition:

Note that Courses 1 to 3 cross a minor road, twice, where traffic is light, but may be fast moving. Take care to check before crossing. It will not be timed out or marshalled.

All courses from Start S1 cross a road back into the Castle grounds. This crossing will not be timed out but will be marshalled. Please take care.

Finish: There is one Finish, in the arena, for all courses. Please go straight to Download. You must go to Download, even if you do not complete your course, so that we do not start an unnecessary search for you. There will be no map collection. In the interest of fairness, please do not show or discuss your map with competitors who have yet to run.

Winner's Trophies: There will be a ceremony to present the new 2018 Midland Champions with their trophies, provisionally starting at 14:30.

Safety and First Aid: Anyone wishing to leave a named, sealed envelope of medical information may do so at enquiries. Any received will be destroyed after the event. All competitors take part at their own risk. They are responsible for their own safety and that of fellow competitors and members of the general public who may be visiting the competition area. The Castle is not open to visitors, but the grounds are. Please be courteous and remember you do not have right of way. First Aid will be provided by Nigel Singleton Associates in the Arena. Nearest hospitals are:

Queen's Medical Centre, Derby Road, Nottingham, Nottinghamshire, NG7 2UH

24 miles/40 mins. 24 Hr A&E.

Leicester Royal Infirmary, Infirmary Square, Leicester, LE1 5WW

26 miles/40 mins. 24 Hr A&E.

Grantham and District Hospital, 101 Manthorpe Rd, Grantham NG31 8DG

9 miles/20 mins. Ambulatory A&E only 08:30 - 18:00

Complaints and protests: If anyone has a complaint about the event they should make it to the Organiser. If they are not satisfied with the Organiser's decision, they can make a protest in writing using the form available from the Organiser or from Enquiries. A jury will be on standby.

Child Welfare Policy: In line with the recommendation in the British Orienteering Child Welfare Policy and Procedures, the promoters of this event request that any person wishing to engage in any video, zoom or close range photography should register their details with the Organiser before carrying out any such photography. The event Organiser reserves the right to decline entry to any person unable to meet or abide by the Organiser's conditions.

Acknowledgements: We are grateful to the Duke and Duchess of Rutland for the use of their Estate and to their staff for all their help in the preparation of this event.

Organiser: Ursula Williamson LEI, 0771 940 7839, ursula.williamson.orienteer@gmail.com

Safety Officer: Chris Phillips LEI

Planner: Steve Edgar LEI

Controller: Charles Daniel BOK

More info: Occasionally circumstances may force late changes. Please check on the Club website www.leioc.org.uk a few days before the event for final details.

Cancellation Policy:

The Organisers reserve the right to retain a percentage of the Event Fees in the event of cancellation due to circumstances beyond their control.

Data Protection Act:

Entry information (name, age-class and club) and the results of this event will be stored on and processed by computer systems under the terms of the British Orienteering Federation's registration under the Data Protection Act. The results from this event will be published on the Internet.

